

## Glucose tolerance test (OGTT)

The most reliable method to diagnose diabetes is making a glucose tolerance test. Pregnant women take the test when 24. – 28. weeks pregnant.

### **PLEASE MAKE AN APPOINTMENT FOR THE TEST!**

You can make an appointment by calling +43 2236 866 066.

#### Procedure:

- On the day of your scheduled appointment please come to Villa Medica between 7:00am and 08:00am **empty stomach** (it is ok to drink some water before the test)
- Before we can start the exam, we need an urin sample. You can either bring it with you in a clean and well closed container, or give the sample at your arrival.
- The exam will take about two hours, please consider that we kindly ask you not to leave the laboratory during that time.

We are happy to answer any further questions. +43 2236 866 066

Villa Medica Team